

RESIDENT OF THE MONTH

Helen Muldrew

Helen was born on November 10th, 1927. She grew up on a farm outside of Mahaska, Kansas with her parents and two older brothers. When Helen got into the third grade both of her brothers had graduated and moved out of their parents house so she was the only child at home for the majority of her childhood. After Helen graduated High School she attended Brown-Mackie School of Buisness in Kansas. Helen moved from Kansas to Fairfax Missouri and began working for the Fairfax School District Journal. She retired after working there for thirty years. Helen has three children; Denny, Danny, and Kathy along with grandchildren and great grandchildren. Helen enjoys doing puzzles, playing solitare and watching sports. Her favorite teams are the Chiefs and the Royals!

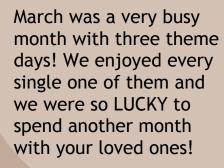


UPDATES AND REMINDERS

Recently, we have had residents getting phone calls from people asking the resident to donate money to their cause or organization.

We ask that you remind your loved ones to be careful with phone calls and if they ever have any concerns, to please notify a Bickford Family Member and they can assist with the call if needed.

Also, spring weather is hopefully upon us, so we ask that families double check their loved ones closets to make sure they have the proper clothing attire to wear.



Throughout the month we enjoyed new game/ activities and some awesome entertainers! There was a lot of laughter that filled our cottage!















EASTER EGG HUNT-FAMILY DAY!!

It was not too long ago that Santa came to our Bickford Cottage, and now this month, the Easter Bunny will be joining us for our Family Fun Day!!

Please join us on Saturday, April 15th from 2pm to 3:30pm for our Family Easter Festivities!

Weather permitting, we will have an Easter Egg Hunt outside in our courtyard to start the event. After the egg hunt, we will be dying and coloring boiled eggs!

If the weather does not permit for us to have the egg hunt in our courtyard, we will have the hunt around our branch!

In order to assure that we have enough supplies for the day, we ask that you RSVP with the number of children that will be participating with the egg hunt and coloring eggs! Please RSVP by Wednesday April 12th by calling Allie Muur, Activities at 402-391-3000.



assisted living

















RESIDENT BIRTHDAY'S:

Norman Sedlak- April 4th Virgil Jarzynka- April 6th Dan Raymond- April 9th

Happy Birthday from your Bickford Family Members!!



10:30a- Puzzle Time 11a- Mass 2p- Chaplain Ron











10a- Chair Yoga 10:30a- Coffee Chums 1:30p- Bullseye Game 6p- Lawrence Welk

30

10:30a- Crossword Puzzles 11a- Mass 2p- Chaplain Ron

10:15a- Coffee Chums 2p- BINGO 6p- Movie Monday

9:30a-Sittercise

3

9:30a- Senior Motion 10:15a- Flower Fun 1:30p- Christine-Singer 6p- John's Bible Study

6p- John's Bible

9:30a- Seated Soccer

10:15a- Flower Fun

2p- Fontenelle

6p- Puzzle Time

Study

Forest

10:15a- Potato Peeling 2p- Chaplain Laura 3:30p- UNO Attack 6p- Trivia

9:30a- Chair

Exercises

9:30a- Walk the Plank 10a- Shuffleboard on

9:30a- Senior Motion 9:30a- Chair Yoga 10:15a- Devotions 2p- Two Truths & a

2p- Chaplain Laura Lie Game 3:30p- Catchphrase 3:30p- Spa & Manicures 6p- BINGO 19

> 9:30a- Noodle Ball 10:15a- Fun Facts about April 2p- Deal or No Deal 3:30p-Spa & Manicures 6p- BINGO

9:30a- Seated Soccer 10:15a- Flower Fun 3:30p- Fill Bird Feeders & Bird Chat 6p- Bean Bag Toss

7

10a- Stretch & Flex 10:30a- One Question- One Answer 1:30p- Arts & Crafts 6p- Lawrence Welk

8

10:30a- Word Scramble 11a- Mass 2p- Chaplain Ron

9:30a- Chair Yoga 10:15a- Mad Gab 2p- BINGO 3:15p- Rosary 6p- Movie Monday

9:30a- Stretch & Flex

10:15a- This is Your

6p- Movie Monday

Life

2p- BINGO

10

17

9:30a- Stretch & Flex 10:15a- Flower Fun 2p- Popcorn Social 3p- Courtyard Chat

18

the Top Deck 2p- Songs with Captain Laura 3:30p- Anchors Away 6p- Sensory Lanes 12

10:15a- Potato

6p- Brain Cramp

Peeling

9:30a- Noodle Ball 10:15a- Remember When? 2p- Cupcake Wars 3:30p- Spa & Manicures 6p- BINGO 13

6

9:30a- Noodle Ball

10:15a- Devotions

2p- Tell me a Joke

3:30p- Spa &

Manicures

6p- BINGO

9:30a-Chair **Exercises** 10:15a- Flower Fun 2p- Plunkin Nutz 3:30p- Kings Korner 6p- Wii Games 14

10a- Sittercise 10:30a- Trivia 2p- Easter Egg Hunt-Family Day 6p- Lawrence Welk

15

9:30a- Noodle Ball 10:15a- Flower Fun 2p- Minute to Win it 3:30p- Monthly Birthday Party 6p- UNO Attack 21

10a- Sittercise 10:30a- Kings Korner 1:30p- Arts & Crafts 6p- Lawrence Welk

22

10a- Chair Yoga

1:30p- Bean Bag Toss

10:30a- UNO Attack 6p- Lawrence Welk

29



10:30a- Word Search 11a- Mass 2p- Chaplain Ron

10:15a- Match the Savings 2p- BINGO 3:15p- Rosary 6p- Movie Monday

9:30a- Stretch & Flex

9:30a- Senior Motion 10:15a- Flower Fun 2p- Charlotte **Endorf-Speaker** 3p- Resident Council 6p- John's Bible Study 25

9:30a- Seated Soccer 10:15a-Potato Peeling 2p- Chaplain Laura **3p- Joy Bartling** 6p- Rootbeer Floats

26

27

20

Exercises 10:15a- Flower Fun 2p- Game of Life 3:30p- Sharp as a Tack 6p- Wii Games

9:30a- Chair

23