

## RESIDENT OF THE MONTH

Helen Muldrew

Helen was born on November 10th, 1927. She grew up on a farm outside of Mahaska, Kansas with her parents and two older brothers. When Helen got into the third grade both of her brothers had graduated and moved out of their parents house so she was the only child at home for the majority of her childhood. After Helen graduated High School she attended Brown-Mackie School of Buisness in Kansas. Helen moved from Kansas to Fairfax Missouri and began working for the Fairfax School District Journal. She retired after working there for thirty years. Helen has three children; Denny, Danny, and Kathy along with grandchildren and great grandchildren. Helen enjoys doing puzzles, playing solitaire and watching sports. Her favorite teams are the Chiefs and the Royals!



## UPDATES AND REMINDERS

Recently, we have had residents getting phone calls from people asking the resident to donate money to their cause or organization.

We ask that you remind your loved ones to be careful with phone calls and if they ever have any concerns, to please notify a Bickford Family Member and they can assist with the call if needed.

Also, spring weather is hopefully upon us, so we ask that families double check their loved ones closets to make sure they have the proper clothing attire to wear.

March was a very busy month with three theme days! We enjoyed every single one of them and we were so LUCKY to spend another month with your loved ones!

Throughout the month we enjoyed new game/activities and some awesome entertainers! There was a lot of laughter that filled our cottage!



# Omaha Hickory HAPPENINGS. APRIL

## EASTER EGG HUNT- FAMILY DAY!!

It was not too long ago that Santa came to our Bickford Cottage, and now this month, the Easter Bunny will be joining us for our Family Fun Day!!

Please join us on **Saturday, April 15th** from **2pm to 3:30pm** for our Family Easter Festivities!

Weather permitting, we will have an Easter Egg Hunt outside in our courtyard to start the event. After the egg hunt, we will be dying and coloring boiled eggs!

If the weather does not permit for us to have the egg hunt in our courtyard, we will have the hunt around our branch!

In order to assure that we have enough supplies for the day, we ask that you RSVP with the number of children that will be participating with the egg hunt and coloring eggs! **Please RSVP by Wednesday April 12th** by calling Allie Muur, Activities at 402-391-3000.



*Bickford*  
assisted living





RESIDENT BIRTHDAY'S:

Norman Sedlak- April 4th  
Virgil Jarzynka- April 6th  
Dan Raymond- April 9th

Happy Birthday from your Bickford  
Family Members!!

S M T W T F S

April

10:30a- Puzzle Time  
11a- Mass  
2p- Chaplain Ron

30

10a- Chair Yoga  
10:30a- Coffee  
Chums  
1:30p- Bullseye  
Game  
6p- Lawrence Welk

1

10:30a- Crossword  
Puzzles  
11a- Mass  
2p- Chaplain Ron

2

9:30a- Sittercise  
10:15a- Coffee  
Chums  
2p- BINGO  
6p- Movie Monday

3

9:30a- Senior Motion  
10:15a- Flower Fun  
1:30p- Christine-  
Singer  
6p- John's Bible  
Study

4

9:30a- Chair  
Exercises  
10:15a- Potato  
Peeling  
2p- Chaplain Laura  
3:30p- UNO Attack  
6p- Trivia

5

9:30a- Noodle Ball  
10:15a- Devotions  
2p- Tell me a Joke  
3:30p- Spa &  
Manicures  
6p- BINGO

6

9:30a- Seated Soccer  
10:15a- Flower Fun  
3:30p- Fill Bird  
Feeders & Bird Chat  
6p- Bean Bag Toss

7

10a- Stretch & Flex  
10:30a- One  
Question- One  
Answer  
1:30p- Arts & Crafts  
6p- Lawrence Welk

8

10:30a- Word  
Scramble  
11a- Mass  
2p- Chaplain Ron

9

9:30a- Chair Yoga  
10:15a- Mad Gab  
2p- BINGO  
3:15p- Rosary  
6p- Movie Monday

10

9:30a- Stretch & Flex  
10:15a- Flower Fun  
2p- Popcorn Social  
3p- Courtyard Chat  
6p- John's Bible  
Study

11

9:30a- Walk the Plank  
10a- Shuffleboard on  
the Top Deck  
2p- Songs with Captain  
Laura  
3:30p- Anchors Away  
6p- Sensory Lanes

12

9:30a- Noodle Ball  
10:15a- Remember  
When?  
2p- Cupcake Wars  
3:30p- Spa &  
Manicures  
6p- BINGO

13

9:30a- Chair  
Exercises  
10:15a- Flower Fun  
2p- Plunkin Nutz  
3:30p- Kings Korner  
6p- Wii Games

14

10a- Sittercise  
10:30a- Trivia  
2p- Easter Egg Hunt-  
Family Day  
6p- Lawrence Welk

15

Easter  
10:30a- Coffee  
Chums  
11a- Mass  
2p- Matinee Movie

16

9:30a- Stretch & Flex  
10:15a- This is Your  
Life  
2p- BINGO  
6p- Movie Monday

17

9:30a- Seated Soccer  
10:15a- Flower Fun  
2p- Fontenelle  
Forest  
6p- Puzzle Time

18

9:30a- Senior Motion  
10:15a- Potato  
Peeling  
2p- Chaplain Laura  
3:30p- Catchphrase  
6p- Brain Cramp

19

9:30a- Chair Yoga  
10:15a- Devotions  
2p- Two Truths & a  
Lie Game  
3:30p- Spa &  
Manicures  
6p- BINGO

20

9:30a- Noodle Ball  
10:15a- Flower Fun  
2p- Minute to Win it  
3:30p- Monthly  
Birthday Party  
6p- UNO Attack

21

10a- Sittercise  
10:30a- Kings Korner  
1:30p- Arts & Crafts  
6p- Lawrence Welk

22

10:30a- Word Search  
11a- Mass  
2p- Chaplain Ron

23

9:30a- Stretch & Flex  
10:15a- Match the  
Sayings  
2p- BINGO  
3:15p- Rosary  
6p- Movie Monday

24

9:30a- Senior Motion  
10:15a- Flower Fun  
2p- Charlotte  
Endorf- Speaker  
3p- Resident Council  
6p- John's Bible  
Study

25

9:30a- Seated Soccer  
10:15a- Potato  
Peeling  
2p- Chaplain Laura  
3p- Joy Bartling  
6p- Rootbeer Floats

26

9:30a- Noodle Ball  
10:15a- Fun Facts  
about April  
2p- Deal or No Deal  
3:30p- Spa &  
Manicures  
6p- BINGO

27

9:30a- Chair  
Exercises  
10:15a- Flower Fun  
2p- Game of Life  
3:30p- Sharp as a  
Tack  
6p- Wii Games

28

10a- Chair Yoga  
10:30a- UNO Attack  
1:30p- Bean Bag Toss  
6p- Lawrence Welk

29

